

# Exploring My Future: Careers & Pathways

Name: \_\_\_\_\_

Date: \_\_\_\_\_

*(You do not need to fill out every section. Use what is helpful.)*

## Part 1: About Me

1. What do you like to do? (at work, home, or for fun):
2. What are you good at? (skills or strengths I have):
3. What kind of work have you done before? (work or life experience I have had):

## Part 2: Exploring Careers & Interests

We used today:

- MyNextMove.org
- Roadmap2Opportunity.org
- Burlington English Online Careers

Career or pathway name explored: \_\_\_\_\_

## Part 3: What I Learned

1. What does this job or pathway involve?
2. What skills are needed for this job or pathway?

3. What education or training is needed (if any)?

### **Part 4: My Pathway (Small Steps)**

1. I am working on:

- Improving reading
- Learning English
- Improving math
- GED preparation
- Job skills
- Other: \_\_\_\_\_

2. How does this help my future goals?

3. I am interested in \_\_\_\_\_  
because \_\_\_\_\_.

### **Part 5: Reflection**

One thing I learned today:

One thing that feels hard or challenging right now:

One small next step that can help me move forward:

**Notes:**