

Lesson Plan: Staying Healthy

Word Study

1. Review the words and their definitions

infect	To spread germs or disease
virus	A tiny organism that can cause disease
surface	The top layer of something
habit	A regular action or routine
symptom	A sign of something
diagnosis	A doctor's conclusion based on studying symptoms
schedule	To make a plan for when actions will happen
prescription	An order written by a doctor for medicine

2. Use the above words to complete the sentences below.

- a. Makiko called her doctor to _____ an appointment for next Tuesday.
 - b. Bill showed _____ of a common cold: a runny nose, a sore throat, and tiredness.
 - c. Doctors suggest we get in the _____ of washing our hands often.
 - d. A _____ is invisible but can make us very sick.
 - e. The doctor wrote a _____ to help my sinus infection.
 - f. Our office staff cleans the _____ of countertops, doorknobs and phones.
 - g. I went to the pharmacy to fill a _____ from the health clinic.
 - h. If you cover your mouth when you cough, you won't _____ other people.
3. Ask student to divide the above words into syllables. Discuss where to place emphasis when pronouncing each syllable. Practice pronunciation.